

# AdventuresBeyond50.com

*Explore & Discover  
The Second Half of Life*



## BIG Adventure Questions

Jump into the adventure! Check out the questions and pick three or more. My goal is to inspire others with your stories and create a dialogue that sparks ideas for *AdventuresBeyond50*. With your permission, I'll feature your story in a guest post. Be sure to send along a few photos for a good visual of your adventure! And - more than happy to link to your website or social sites.

**Don't stress about the writing!** We will edit and polish your post. Just let your thoughts flow. If you are more comfortable with an interview, we can set up a time to talk via Zoom. I'm excited to hear your stories. Thank you for taking the time to inspire our wonderful Adventure community.



### Warm Up Question:

Are you a detailed planner or a figure it out along the way adventurer? Share a scene that shows your style!

- Tell us about a big adventure at 50 or beyond. What did you do? Where did you go? Show us the experience!
- In what ways did this adventure connect with you spiritually, physically, emotionally, or in terms of community?
- What is important for you to include in an adventure? Any fun rituals? Why are these important for you?
- What does adventure look like in mid-life and beyond? How might adventures look differently than adventures before 50?
- International adventures can often shift our perspective of life. Share an international travel experience and how it has impacted your outlook on life.
- What big adventure is on the horizon? Why is this important to you?
- Is there anything we should have asked but didn't? Tell us more!



## Connect & Inspire

Join our journey! Share adventures and inspire others. Let's explore together. There are three ways for you to engage in the adventure:

- 1) Share your story with a guest post, download the BIG Adventure Questions to help guide your story
- 2) Comment on Adventure Posts. Let's create a dialogue of adventure and inspire each other
- 3) Schedule a Zoom interview and Liz will capture your story



## Share the Adventure!

Facebook/Instagram:  
[@adventuresbeyond50](#)

Twitter: [@adventuresb50](#)

## Join the Adventure!

An adventure can be most anything — pursuing a big goal, trying something new, taking a great vacation, or gathering with friends or family to experience something different or unique. Adventures are exciting and often a remarkable experience. Each carry us forward with wondrous memories.

Reaching the milestone of mid-life is a time to reflect. We've come to the realization that life is not endless. Many of us will find that we become more intentional with how we live our life and where we choose to spend our time and energy. Adventures might be redefined or become clearer.

Midlife and beyond provides space to create adventures you have always dreamed of but never had the time. Or you may choose to explore something out of the box that pushes the bounds of physical, emotional, or spiritual barriers. Adventures can be spontaneous or planned.

